# PEARSON CHRISTIAN SCHOOL (PCS)

*Never help a child with a task at which he feels he can succeed.*

By Dr. Maria Montessori

At PCS, our primary focus is to promote and build independent learning and development through hands-on guidance by our teachers. In our school, the children are exposed to practical life activities that help them adjust to day to day care and routines at home and everywhere else.

# Curriculum Standards for Nursery 1 - DAISES

Most of our academic work will focus on these main strands. Your child will need to know these by the end of the academic year.

**Structure of Class**

Class Size: 10

Teachers: 2

Teacher/Child ratio: 1 to 5

**Language and Literacy**

* Understands language and sounds.
  + Understands you and others when you speak to him/her.
  + Pays attention when you read short stories.
  + Names letter sounds heard throughout the day.
  + Listens to music and plays with objects to make sounds.
  + Follows simple directions and can communicate needs.
* Can name common objects and pictures of things found in their environment.
* Uses words to describe what he or she is doing.
* Can sing short songs and say simple rhymes.

**Numeracy/Maths**

* Early counting 1-10
* Begins to understand the concept of numbers.
* Identify numbers 1-10
* Writes numbers 1-5
* Count a small number of items
* Sort and group objects by shapes, colours and size.
* Match items that are the same.
* Can make, copy and continue patterns that he or she hears and sees with little or no supervision from an adult.
* Recognize and name shapes.

**Science**

* Learns about nature
* Natural and unnatural things
* Water and its uses
* Sinking and Floating
* Soil and its uses
* Sounds in the environment
* Animals – types and parts

**Sensorial**

Children will learn about the use of the 5 senses to differentiate and make judgement. These activities help to refine the child’s coordination of movement, visual and muscular perception of dimension and fine motor control. Sensorial activities also help stimulate the child’s interest in texture and colour in the environment. Most sensorial activities are carried out using special Montessori materials like the Pink Tower, Colour Boxes, Knobbed Cylinders, Long and Number Rods and Touch Boards.

**Art and Crafts:**

Crafts would be linked to lessons done in the week.

* Colouring
* Painting
* Print and Pattern making
* Collage and Mosaic

**Practical Life**

Practical Life activities are to develop independence and self-esteem in the child.

* Rolling and unrolling of mats
* How to sit/stand and tuck in chairs
* Opening and closing of doors gently
* Opening and closing the tap
* How to fold napkins and clothes
* Table manners
* How to handle books properly
* Washing and drying of hands
* Threading beads

**Grace and Courtesy**

Grace and courtesy is taught to ensure the children learn the right manners. Some of these manners are:

* Appropriate way of greeting and making eye contact.
* How to say thank you.
* How to apologise
* How to excuse oneself
* How to welcome visitors
* How to ask for help
* How to cough, sneeze or yawn in public.
* How to observe the right table manners.

## Proper washing and cleaning of hands.

## Circle Time

During Circle time, teachers and children gather to pray, sing and listen to scripture. We also use the opportunity to do group learning and participate in common activities. Some of the activities include:

* Using music and movement to express thoughts, feelings and energy.
* Participating in group singing.
* Participating in creative movement and dance.
* Exploring various music types, musical instruments and music from various cultures.

## Physical Education

To develop the physical, social and cognitive skills in the child through structured play. The child’s involvement in jumping, sliding, kicking, throwing and swimming among others are key to their physical development.